



Registration & Liability Waiver

Name _____ Date _____ DOB _____
Address _____ City _____ State _____ Zip _____
Phone _____ Email _____

(All contact and address information will be kept confidential)

Please Indicate Agreement by Initialing Each Line:

_____ I desire to participate in fitness classes. I have been examined by a licensed physician in the last six months, and was found to be in good health and able to participate in all yoga or Pilates exercises for which I am instructed during the course of my enrollment.

_____ I will faithfully follow all instructions given to me by the instructor(s), participate with the group to the best of my ability and rest as needed.

_____ I am fully aware of and accept the inherent risk associated with any rigorous exercise program, including Bikram Yoga or Inferno Hot Pilates or Yin Yoga. I understand that at all times while in classes that I am responsible for myself and will respect my body's limitations.

_____ I will not hold Forge Hot Yoga Alberta District and/or Forge Hot Yoga West Linn and/or Forge Hot Yoga Happy Valley, its owners, affiliates, instructors or employees responsible for any injuries incurred or aggravated by me while in yoga or Pilates class(es) or on the premises of Forge Hot Yoga Alberta District, Forge Hot Yoga West Linn or Forge Hot Yoga Happy Valley.

_____ I have read and understand Forge Hot Yoga Alberta District, Forge Hot Yoga West Linn's and Forge Hot Yoga Happy Valley's policies and agree to comply with them.

_____ In the event photos or promotional pictures are taken at either studio I chose to release my likeness & image for marketing purposes.

Please list any physical conditions, impairments, illnesses or medication (this will only be shared with the instructors at Alberta District / West Linn / Happy Valley):

How did you hear about us?

_____ Friend _____ Internet _____ Ad/Article _____ Coupon _____ Walking/driving _____ Doctor _____ Other _____

DATE SIGNATURE SIGNATURE OF PARENT OR GUARDIAN (if under 18)

FORGE HOT YOGA- ALBERTA DISTRICT - 1301 NE ALBERTA ST

FORGE HOT YOGA - HAPPY VALLEY - 15932 STE B SE HAPPY VALLEY TOWN CENTER DR

FORGE HOT YOGA- WEST LINN -1554 GARDEN ST STE 101